



Margaret Leila Rasouli, M.D., Inc.

DIPLOMATE, AMERICAN BOARD OF INTERNAL MEDICINE,
CARDIOVASCULAR DISEASE, INTERVENTIONAL
CARDIOLOGY AND NUCLEAR CARDIOLOGY

Stress Echocardiogram

Instructions:



Please do not eat anything 4 hours prior to test. You may bring a snack for after test. You may drink small amounts of water.



No Caffeine 24 hours prior to test.
(no coffee, tea, decaf coffee, or chocolate products)



Dress in comfortable clothing: sneakers, shorts or sweats. No sandals.



Medications: Please **DO NOT TAKE**

_____ 24 hours before the test.

Please continue all other medication.

Your Appointment _____

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